



St Dominic's Grammar School Brewood

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	Juice Choice of cereal Beans Scrambled eggs Toast Fresh fruit Hot bap of the day	Juice Choice of cereal Beans Scrambled eggs Toast Fresh fruit Hot bap of the day	Juice Choice of cereal Beans Scrambled eggs Toast Fresh fruit Hot bap of the day	Juice Choice of cereal Beans Scrambled eggs Toast Fresh fruit Hot bap of the day	Juice Choice of cereal Beans Scrambled egg Toast Fresh fruit Hot bap of the day
LUNCH	Cottage pie With seasonal vegetables And gravy Or Macaroni cheese Steamed ginger sponge and custard Or muffins	Roast Beef Yorkshire puddings Roast potatoes Boiled potatoes Seasonal vegetables Gravy Or Vegetable crumble with cheese and breadcrumbs Rice pudding Or flapjacks	Sweet and sour chicken With boiled rice Or Vegetable lattice Apple pie and cream Or mousse	Roast pork Roast potatoes Mashed potatoes Seasonal vegetables Gravy Or Potato curry Shortbread Or Vanilla tray bake	Fish of the day Chips Peas/beans Or Vegetable pasta bake Jelly and ice cream Or cookies