



St Dominic's Grammar School Brewood

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	<p>Juice Choice of cereal Beans Scrambled eggs Toast Fresh fruit Hot bap of the day</p>	<p>Juice Choice of cereal Beans Scrambled eggs Toast Fresh fruit Hot bap of the day</p>	<p>Juice Choice of cereal Beans Scrambled eggs Toast Fresh fruit Hot bap of the day</p>	<p>Juice Choice of cereal Beans Scrambled eggs Toast Fresh fruit Hot bap of the day</p>	<p>Juice Choice of cereal Beans Scrambled egg Toast Fresh fruit Hot bap of the day</p>
LUNCH	<p>Diced meat and potato pie with puff pastry top And seasonal vegetables Or Sticky noodles Chocolate sponge with peppermint custard Or Gingerbread men</p>	<p>Roast Gammon Roast potatoes Mashed potatoes Seasonal vegetable Gravy Or Vegetable finger dipped in breadcrumb and herbs Fruit crumble with cream Or shortbread</p>	<p>Lasagne Garlic bread Wedges Or Vegetable pizza Lemon drizzle cake Or Jam tarts</p>	<p>roast chicken roast potatoes boiled potatoes seasonal vegetables gravy and stuffing or vegetable bolognaise fruit pie and custard or muffins</p>	<p>fish of the day chips peas/beans or cheese and potato whirl jelly and ice cream or flapjack</p>